

## The Parkinson's Disease Foundation

The Parkinson's Disease Foundation (PDF) is a leading national presence in Parkinson's disease research, patient education, and advocacy for increased federal funding. PDF is working for the nearly one million people in the U.S. living with Parkinson's by funding promising scientific research and supporting people with Parkinson's, their families and caregivers through educational programs and support services.

Since our founding in 1957, PDF has awarded over \$50 million to fund scientific research into the causes of Parkinson's.

Our services to the Parkinson's community include:

- Provision of printed and audiovisual educational materials to support patients, families and caregivers who live with Parkinson's.
- A support service run by trained health professionals and medical staff to answer questions from patients, caregivers, families and the community on any aspect of Parkinson's disease through our telephone advice line, (800) 457-6676, and web-service, "Ask the Expert."

PDF is a tax-exempt, charitable organization with offices in New York and Chicago.

For further information about our services or to support our work, please see our website at [www.pdf.org](http://www.pdf.org) or write to us at the address below.



**Parkinson's  
Disease  
Foundation**

Hope through Research • Education • Advocacy

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**Parkinson's  
Disease  
Foundation**

# Web Resources for People with Parkinson's



## ***Web Resources for People with Parkinson's***

The worldwide web offers different things to different users. For organizations, it is a means of sharing information and promoting goods and services. For individuals, it offers a convenient way to learn about the world, and a means of staying in touch not just with those close to home but with different communities across time and geographical boundaries.

The vast amount of material available to web-browsers spans a spectrum of style and content. Whether you need to locate a neurologist, to update yourself on recent research, to read about current clinical trials or to meet new friends within a “virtual community,” the Internet has it all.

PDF has reviewed websites related to the Parkinson’s community, medical information and other helpful sites to bring you a list of web resources for people living with Parkinson’s disease. If you are searching for information about Parkinson’s clinical trials, background on pharmaceutical companies, recent scientific news or the latest issues for political advocacy groups...look no further! Here you will find the ultimate A to Z of websites which contain useful information for Parkinson’s patients, families and caregivers. Since new sites are being added and existing ones are updated all the time, this booklet is far from exhaustive. If you currently use a website that you find particularly helpful or interesting, please contact us by email at [info@pdf.org](mailto:info@pdf.org) or by telephone at (800) 457-6676. We welcome your suggestions and hope to use them in future editions of this publication.

## ***National Voluntary Patient Advocacy Groups***

*The websites listed below are voluntary not-for-profit organizations that support and serve the Parkinson's community. In addition to providing PD-related news and forthcoming events and activities, many sites offer special features.*

### **Parkinson's Disease Foundation [www.pdf.org](http://www.pdf.org)**

*Pb:* (800) 457-6676

Founded in 1957, PDF is a leading presence in the field of Parkinson's disease research, education and public information. Programs include: advancing Parkinson's science through research awards and training fellowships; providing information and education to the Parkinson's community through materials and conferences; and engaging in advocacy work.

- “Ask the Expert” and get an answer from the PDF physician team.
- Sign up for our monthly e-bulletin for updates on scientific research and the Parkinson's community.

### **American Parkinson Disease Association, Inc. [www.apdaparkinson.com](http://www.apdaparkinson.com)**

*Pb:* (800) 223-2732

Founded in 1961, the mission of the APDA is to "Ease the Burden and Find the Cure" for Parkinson's disease. They do this through research, patient and family support and education.

- Locate regional APDA Chapters and Information Referral Centers.
- Download free booklets and pamphlets.

### **The Michael J. Fox Foundation for Parkinson's Research [www.michaeljfox.org](http://www.michaeljfox.org)**

*Pb:* (800) 708-7644

The Michael J. Fox Foundation for Parkinson's Research works to help find a cure for Parkinson's disease by providing grants to help guarantee that new and innovative research avenues are thoroughly funded and explored.

- See “Community Information” for resources on topics such as disability benefits.

### **National Parkinson Foundation [www.parkinson.org](http://www.parkinson.org)**

*Pb:* (800) 327-4545

NPF funds scientific research and provides information, support and education for patients, their families and healthcare professionals.

- Submit questions to medical experts with the "Ask the Doctor" feature.
- Find a PD specialist in your area.
- Features resources for finding or starting a support group.

### **The Parkinson Alliance [www.parkinsonalliance.org](http://www.parkinsonalliance.org)**

*Pb:* (800) 579-8440

The Parkinson Alliance raises funds through local events, including the Parkinson's Unity Walk in New York City, to support scientific research programs of other PD organizations.

- Review news releases and updates on recent PD research, stories and events.

**The Parkinson's Institute**  
**[www.parkinsonsinstitute.org](http://www.parkinsonsinstitute.org)**

The Parkinson's Institute seeks the cause(s) to find a cure for Parkinson's disease and provides the best available medical care to patients with Parkinson's disease and related movement disorders. The Institute also investigates new and more effective diagnostic and treatment methods and works to develop prevention strategies.

**People Living with Parkinson's**  
**[www.plwp.org](http://www.plwp.org)**

PLWP aims to improve the quality of life for people living with Parkinson's by encouraging information sharing, mutual support and friendship within the Parkinson's community.

- Visit the site chat rooms to talk with guest speakers and others.
- Find schedules of national events.

**Independent Regional Advocacy Groups**

*These websites represent regional advocacy organizations. Some of these groups may be affiliated with a national organization as a chapter; others are independent. These regional organizations provide a variety of support and other services to the Parkinson's community.*

**Dallas Area Parkinsonism Society**  
**[www.dallasareaparkinson.org](http://www.dallasareaparkinson.org)**

*Ph:* (972) 620-7600

DAPS was founded in 1978 with the focus of providing and encouraging support groups in the region.

**Houston Area Parkinson Society**  
**[www.hapsonline.org](http://www.hapsonline.org)**

*Ph:* (713) 626-7114

HAPS provides numerous programs and services to both members and non-members, including free therapy groups (physical, occupational, speech, water, Tai Chi and others) for the Parkinson's community.

**Maine Parkinson Society**  
**[www.maine Parkinson Society.org](http://www.maine Parkinson Society.org)**

*Ph:* (800) 832-4116

This group was founded to build public awareness for PD, to provide support for individuals with Parkinson's disease and their families, and to provide education.

**Michigan Parkinson Foundation**  
**[www.parkinsonsmi.org](http://www.parkinsonsmi.org)**

*Ph:* (800) 852-9781

MPF was founded by people with Parkinson's disease, their family members and healthcare professionals for the purposes of education, support and research.

- *The Messenger* newsletter includes information on support services offered.

**Northwest Parkinson's Foundation**  
**[www.nwpcf.org](http://www.nwpcf.org)**

*Ph:* (877) 980-7500

A Washington State-based nonprofit dedicated to community outreach and awareness within the region and to advocating for increased federal funding for research.

- Find information on events and activities taking place in the Northwestern U.S.

**Parkinson Association of the Carolinas**  
**[www.parkinsonassociation.org](http://www.parkinsonassociation.org)**

*Ph:* (704) 375-0172

The Parkinson Association of the Carolinas, based in North Carolina, provides services for people with Parkinson's and their families, friends, physicians, caregivers and the general public.

- Offers referral services for home health-care and caregiver resources.

**Parkinson Association of the Rockies**  
**[www.parkinsonrockies.org](http://www.parkinsonrockies.org)**

*Ph:* (866) 718-2996

PAR focuses on education, advocacy and support services as well as addressing quality of life issues for people living with Parkinson's in the Colorado area.

**Parkinson's Resource Organization**  
**[www.parkinsonsresource.org](http://www.parkinsonsresource.org)**

*Ph:* (877) 775-4111

The Parkinson's Resource Organization has been helping families affected by Parkinson's disease since 1990.

- Features upcoming events and a listing of California support groups for people with Parkinson's and their caregivers.

**Parkinson's Resources of Oregon**  
**[www.parkinsonsresources.org](http://www.parkinsonsresources.org)**

*Ph:* (800) 426-6806

PRO is dedicated to meeting the support needs of the Parkinson's community of Oregon and Southern Washington.

- Includes a listing of materials and referrals on various PD-related topics.

**Take Charge! Cure Parkinson's, Inc.**  
**[www.cureparkinsons.org](http://www.cureparkinsons.org)**

*Ph:* (561) 620-1970

This Florida organization works to increase awareness and understanding of Parkinson's disease, improve the quality of life for people with PD through community programs and services, and support research efforts to find a cure.

***Political Advocacy***

*In the fight to cure Parkinson's, it is essential for community members to stay knowledgeable about what is happening in science and government. Many choose to use this knowledge to garner public support for the disease by speaking out and demanding attention to the problems they face.*

**Coalition for the Advancement of Medical Research (CAMR)**  
**[www.camradvocacy.org](http://www.camradvocacy.org)**

*Ph:* (202) 833-0355

An umbrella organization for academic, research, disease and patient organizations that supports investigative freedom in such areas as stem-cell research and somatic cell nuclear transfer.

- Find advice on easy ways for individuals to contact representatives in Congress.

### **Grassroots Connection** **[www.grassrootsconnection.com](http://www.grassrootsconnection.com)**

Grassroots Connection provides information and tools to assist people with their individual advocacy efforts.

- Includes information on how to best influence lawmakers to pass legislation and budget funds for PD treatments and research.

### **Kaiser Network Daily Health Policy Report** **[www.kaisernetwork.org/daily\\_reports/rep\\_hpolicy.cfm](http://www.kaisernetwork.org/daily_reports/rep_hpolicy.cfm)**

News and analysis of national and state-level healthcare policy.

- Read reports on the website, or subscribe to receive daily email reports.

### **Parkinson's Action Network (PAN)** **[www.parkinsonsaction.org](http://www.parkinsonsaction.org)**

*Ph:* (800) 850-4726

PAN is the unified education and advocacy voice of the PD community.

- Access the grassroots advocacy network including PAN's state coordinators, members of Congress and local media by zip code.
- Find out what's happening in Congress and the executive branch on current legislation impacting the PD community.

## **Web Directories**

*These websites are gateways to information about Parkinson's disease on the Internet. Both list broad subject headings by theme, then allow browsers to drill down into specific topics.*

### **Parkinson's Resources on the WWW** **[www.geocities.com/murray\\_charters](http://www.geocities.com/murray_charters)**

Created and maintained by PWP Murray Charters, this index is designed to increase global awareness of PD.

- Topics covered range from support to news to medications, and much more.

### **PD Index** **[www.pdindex.org](http://www.pdindex.org)**

The PD Index provides a directory of information about Parkinson's that is available on the Internet.

- Includes references to information that is not specific to PD but which may be useful for people who live with Parkinson's.

## **Clinical Trials**

*Clinical trials are research studies designed to answer questions about new techniques for treating Parkinson's disease. Currently, less than one percent of PD patients participate in clinical trials. There are many misconceptions about clinical trials, but they offer the best way for researchers to learn how to improve PD treatments. PDF encourages people to learn about clinical research and to consider participating in a clinical trial.*

### **Advancing Parkinson's Therapies (APT) Clinical Trials Website** **[www.pdtrials.org](http://www.pdtrials.org)**

Ph: (888) 823-8889

This website, developed specifically for people with Parkinson's, is part of the APT campaign to increase clinical trials awareness and participation.

- Search for a specific clinical trial or browse a listing of Parkinson's clinical trials currently enrolling patients.

### **Centerwatch** **[www.centerwatch.com](http://www.centerwatch.com)**

An information service for patients, pharmaceutical and biotech companies and research centers that are involved in clinical research. Centerwatch publishes a wide range of newsletters, books and directories.

- Review an extensive list of clinical trials being conducted across the world.
- Subscribe to a free email service which notifies you about new Parkinson's clinical trials in your area.

### **National Institutes of Health** **[www.clinicaltrials.gov](http://www.clinicaltrials.gov)**

A resource site developed by the National Institutes of Health to provide patients, family members and the general public with current information about clinical research studies.

- Find out about current PD clinical trials.
- Access information describing the clinical trials process.

### **Parkinson Pipeline Project** **[www.pdpipeline.org](http://www.pdpipeline.org)**

Provides information on new Parkinson's therapies currently in the pharmaceutical pipeline. (This website depends on the work of volunteers; contact the webmaster if you would like to help.)

### **Parkinson Study Group (PSG)** **[www.parkinson-study-group.org](http://www.parkinson-study-group.org)**

A nonprofit, cooperative group of Parkinson's disease experts from medical centers in the U.S. and Canada dedicated to improving PD treatments through clinical trials.

- Identify references in scientific and academic journals relating to PD research and clinical trials.
- Find out about PSG clinical trials that are in progress.

## Medical Information Sites

*Use these websites as a quick reference tool and for background research on PD medications and other aspects of the disease. These websites do not serve as a substitute for the advice of a trained medical professional.*

### **Aetna IntelliHealth** **[www.intelihealth.com](http://www.intelihealth.com)**

Learn about the latest in general health topics and Parkinson's by searching the medical dictionary.

- Includes a drug resource center and an "Ask the Expert" feature.

### **The Complete Home Medical Guide** **[www.cumc.columbia.edu/hs/health.html](http://www.cumc.columbia.edu/hs/health.html)**

A complete guide of the services and patient resources offered by Columbia University Medical Center.

- Information on healthcare providers, referrals and current research studies.

### **HealingWell.Com** **[www.healingwell.com](http://www.healingwell.com)**

A comprehensive information resource for patients, caregivers and families who are coping with diseases and chronic illnesses.

- Search archives to read transcripts or to view doctor-produced webcasts on PD treatments, research and more.

### **Medline Plus** **[www.nlm.nih.gov/medlineplus/parkinsonsdisease.html](http://www.nlm.nih.gov/medlineplus/parkinsonsdisease.html)**

Medline Plus offers extensive information from the NIH and other trusted sources on over 600 diseases and conditions. The link above directs browsers to the section on Parkinson's disease.

- Find hospitals and physicians.
- Look up terms in a medical encyclopedia and dictionary.
- Find health information in Spanish.
- Review extensive information on prescription and nonprescription drugs.

### **Medscape** **[www.medscape.com](http://www.medscape.com)**

Visit the "Parkinson's Disease Resource Center" on this website featuring a vast collection of professional medical information. Topics covered include scientific news, general information on Parkinson's and research findings.

- Review the latest academic literature on Parkinson's research.
- Check the listing of conferences to find out when new Parkinson's research findings will be presented.

### **Neurology Channel** **[www.neurologychannel.com](http://www.neurologychannel.com)**

Developed and monitored by physicians, this site provides medical information and resources for consumers and medical professionals.

- Locate your nearest neurologist through MD Locator™.
- Ask questions of physicians or participate in chat rooms in the Neurology Forum.

### **Parkinson's Control** **[www.parkinsonscontrol.com](http://www.parkinsonscontrol.com)**

Developed by medical experts, this site provides a full range of information about Parkinson's disease, current treatment options and the latest research.

- Review video programs with full-text transcripts for a fully interactive experience.

### **The Parkinson's Web** **[pdweb.mgh.harvard.edu](http://pdweb.mgh.harvard.edu)** (no "www" is needed)

A comprehensive source of PD information and resources that is both personal and factual.

- Search for medical centers, neurosurgical centers and caregiver support lists.

### **RxList** **[www.rxlist.com](http://www.rxlist.com)**

Features a useful index of FDA-approved drugs that enables visitors to look up drug interactions and side-effects.

### **WebMD Parkinson's Disease Condition Center** **[www.webmd.com](http://www.webmd.com)**

Designed to provide services that help physicians and consumers navigate the healthcare system. Click on "condition center" and select Parkinson's from the "Nervous System and Brain" category.

- Read information about new treatment options for PD.
- Find out about PD medications and clinical trials.

## **Research Conducted by Pharmaceutical and Biotech Companies**

*Pharmaceutical companies that manufacture and/or distribute Parkinson's drugs have their own websites. These sites contain information on Parkinson's disease that is freely available for web browsers. Listed here are the pharmaceutical companies that make the more common anti-Parkinson's medications and a website to visit for reports on these companies.*

### **BioSpace** **[www.biospace.com](http://www.biospace.com)**

Reports on biotech and pharmaceutical companies. Can be searched by company and disease indication.

### **Bertek Pharmaceuticals, Inc.** **[www.bertek.com](http://www.bertek.com)**

Features information on Bertek's neurology products, including a link to [www.apokyn.com](http://www.apokyn.com), where information can be obtained on APOKYN™, a rescue medication for Parkinson's patients.

### **Bristol-Myers Squibb** **[www.bms.com](http://www.bms.com)**

View full prescribing information for BMS medications, Sinemet® and Sinemet® CR, as well as other product information.

### **GlaxoSmithKline** **[www.gsk.com](http://www.gsk.com)**

This site contains a total of 50 items on Parkinson's disease. The GSK drug, Requip®, has a dedicated site [www.requip.com](http://www.requip.com), where you can find information and background on the drug.

### **Medtronic** **[www.medtronic.com](http://www.medtronic.com)**

View extensive product and patient information about Activa® Therapy, the surgical technique known as deep brain stimulation (DBS).

- Includes a feature that allows you to find locations where this surgery is performed.
- The Medtronic website [www.newhopeforparkinsons.com](http://www.newhopeforparkinsons.com) provides more specific information about DBS and encourages viewers to sign-up for a monthly newsletter.

### **Novartis** **[www.novartis.com](http://www.novartis.com)**

A section called “Senior Health” links viewers to information about Parkinson's and to [www.stalevo.com](http://www.stalevo.com), where detailed information can be obtained on the Novartis combination drug, Stalevo®.

### **Pfizer** **[www.pfizer.com](http://www.pfizer.com)**

View downloadable publications such as *Talking to Kids about Brain-Related Conditions* and obtain prescribing information for the Pfizer drug, Mirapex®.

### **Teva Neurosciences, Inc.** **[www.parkinsonshealth.com](http://www.parkinsonshealth.com)**

This website offers general information on Parkinson's disease, news, a glossary of PD terms, a section for caregivers and tips for living with PD.

- Download the worksheet on *Symptoms and Side Effects* and the *Efficacy and Side Effects Diary* to manage medications.

## **Science News**

*Parkinson's is in a stage of exciting scientific discovery. To learn about advances being made and possible new treatments, visit the websites below.*

### **EurekaAlert!** **[www.eurekaalert.org](http://www.eurekaalert.org)**

This online press service created by the American Association for the Advancement of Sciences (AAAS) provides a forum for research institutions, universities, government agencies and corporations to distribute science-related news.

- View the latest science news or access the archive for easily retrievable releases from around the world.

### **National Institute of Neurological Disorders and Stroke** **[www.ninds.nih.gov/index.htm](http://www.ninds.nih.gov/index.htm)**

NINDS aims to lead the neuroscience community in shaping the future of research and its relationship to brain diseases. NINDS promotes collaboration throughout the scientific community and provides authoritative neuroscience research information for the general public.

- Access the latest neuroscience news and review recent releases.
- Review or print NINDS publications, including the *Parkinson's Disease Research Agenda* and patient fact sheets and brochures.
- Access “PubMed” to review abstracts and references from more than 11 million articles, published in more than 4,000 biomedical journals since 1966.

### **ScienceDaily** **[www.sciencedaily.com](http://www.sciencedaily.com)**

Described as one of the Internet's leading online magazines and web portals devoted to science, technology and medicine. This free service brings you breaking news about the latest discoveries and hottest research projects. *ScienceDaily* is unique in that the magazine articles are selected from news releases submitted by leading universities and other research organizations around the world.

- Search the archives for “Parkinson's” to review recent science news from around the world.
- Review a list of other science-related sites aimed at helping web surfers in their online explorations.

### **WE MOVE** **[www.wemove.org](http://www.wemove.org)**

WE MOVE is a nonprofit organization providing a comprehensive resource for movement disorder information and education — primarily for professionals but increasingly for patients and families.

- Review information for patients, professionals and the public about the latest clinical advances, management and treatment options for neurologic and movement disorders.
- Join the e-bulletin service to receive research news updates.

## ***Listservs***

*Parkinson's listservs (online discussion forums) have grown as people utilize the Internet to create virtual communities of friendship and support. By joining a listserv, you will be connected to other people with Parkinson's to exchange thoughts, share ideas and learn from the insights and experiences of others.*

### **BrainTalk Communities** **[www.braintalk.org](http://www.braintalk.org)**

These forums are owned and maintained by the Department of Neurology at Massachusetts General Hospital. Three specific forums are listed for Parkinson's disease.

- Use the search function to review archived topics.

### **Parkinson Information Exchange Network Online** **[www.parkinsons-information-exchange-network-online.com](http://www.parkinsons-information-exchange-network-online.com)**

Also known as *Parkinson list*, this email discussion group and web interface is one of the largest PD online groups. The Toronto-based group shares information, advice, friendship and news on PD.

- Subscribe by sending an email to: [listserv@listserv.utoronto.ca](mailto:listserv@listserv.utoronto.ca), including "Subscribe PARKINSON" and your first and last name in the message.

## ***Resources and Services***

*Here you will find a listing of helpful websites for practical information on such topics as Medicare, Social Security and medical alert services.*

### **AARP** **[www.aarp.org](http://www.aarp.org)**

The AARP is a nonprofit membership organization dedicated to improving the quality of life for people over 50 years of age.

- News about Medicare and prescription drugs, as well as tips for healthy living, discounts and an email newsletter.
- A search feature helps visitors find an AARP state-based chapter.

### **Administration on Aging** **[www.aoa.dhhs.gov](http://www.aoa.dhhs.gov)**

This multi-language website promotes healthy lifestyles by providing information on elder rights, resources, housing, nutrition and services for seniors.

- Monthly news, tips and resources for caregivers.

### **Medicare** **[www.medicare.gov](http://www.medicare.gov)**

This U.S. government website answers questions about Medicare and Medicaid enrolling, billing and plan choices.

- Compare Medicare health services, find a plan, and locate participating physicians in your area.

### **The Patient Advocate Foundation** **[www.patientadvocate.org](http://www.patientadvocate.org)**

The Patient Advocate Foundation is a national nonprofit organization that serves as a liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and debt crisis matters relative to their diagnosis.

- Download publications on Medicare, insurance, job discrimination and more.
- View a listing of “Empowering Events.”

### ***Support and Therapy***

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*For people with Parkinson’s and their families, a diagnosis of Parkinson’s disease can be overwhelming. Use these resources to find or develop both physical and emotional support.*

### **The LSVT® (Lee Silverman Voice Treatment) Foundation** **[www.lsvt.org](http://www.lsvt.org)**

The LSVT® Foundation has a singular focus on improving functional communication in individuals with neurological disorders, with a specialty in Parkinson’s disease. LSVT® focuses on improving vocal loudness by exercising the muscles of the voice box and speech mechanism.

- Provides details on the therapy in both personal sessions and workshop settings.
- Lists locations and dates for workshops around the world.

### **MedicAlert** **[www.medicalert.org](http://www.medicalert.org)**

MedicAlert is a membership-based organization that works to protect and save lives by relaying identification and vital medical information in an emergency, via a 24-hour emergency response center.

### **Self-Help Group Sourcebook Online** **[www.mentalhelp.net/selfhelp/](http://www.mentalhelp.net/selfhelp/)**

Contains a database to search specifically for PD support groups and network resources in your area, and includes information on how to start a support group.

### **Young Onset Parkinson's Association** **[www.yopa.org](http://www.yopa.org)**

Identify nationwide support groups by state. Access helpful tips, mind-stretching games and discussion lists that offer support to those living with young-onset Parkinson's disease.

## Caregivers

*At PDF, we strive to support the entire Parkinson's community, not just the person with Parkinson's, but also the friends, families and caregivers who also in effect live with the disease. An estimated 26.2 million people in the United States provide intensive home care for at least 18 hours a week and yet the needs of caregivers are often given less attention than they deserve. Here is a listing of resources for this essential group.*

### CARE

Caregivers Are Really Essential is a listserv dedicated to caregivers.

- Register by sending an email to: [listserv@listserv.muohio.edu](mailto:listserv@listserv.muohio.edu), including "Subscribe CARE" and your full name in the message.

### Caregiver Media Group [www.caregiver.com](http://www.caregiver.com)

*Ph:* (954) 893-0550

Caregiver Media Group provides information, support and guidance for family and professional caregivers.

- Read topic-specific newsletters and feature articles; access archived issues of *Today's Caregiver* magazine and a free subscription to a weekly e-bulletin.

### National Family Caregivers Association [www.nfcacares.org](http://www.nfcacares.org)

*Ph:* (800) 896-3650

NFCA is a grassroots organization that was created to educate, support and empower the millions of Americans who care for chronically ill, aged or disabled loved ones of all diagnoses.

- Find information and advice for caregivers, forthcoming workshops, book reviews, reading lists, "how-to" guides, tips and market research reports.

### Parkinson's Training for Caregivers [www.parkinsonseducator.com](http://www.parkinsonseducator.com)

The Parkinson's Training for Caregivers project is a free online course developed to train caregivers for those with Parkinson's disease in long-term care settings. This online training course was developed with funds from the Northwest Parkinson's Foundation and the U.S. Department of Health and Human Services, Administration on Aging.

- Use this educational tool to learn about aspects of being a caregiver as well as to learn about the disease itself.
- Take advantage of helpful features including video samples and tips for medication management.

## Quick Reference

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Where do I find:

A neurologist in my area?

[www.neurologychannel.com](http://www.neurologychannel.com)

A PD listserv?

[www.parkinsons-information-exchange-network-online.com](http://www.parkinsons-information-exchange-network-online.com)

A website where I can ask a question and receive an answer from a medical expert?

[www.pdf.org](http://www.pdf.org)

A website where I can find the latest academic literature on Parkinson's disease?

[www.medscape.com](http://www.medscape.com)

Web resources for caregivers?

[www.nfcacares.org](http://www.nfcacares.org)

Information on current Parkinson's clinical trials?

[www.pdtrials.org](http://www.pdtrials.org)

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

Information on advocacy efforts?

[www.parkinsonsaction.org](http://www.parkinsonsaction.org)

Updates on the latest news in science?

[www.ninds.nih.gov/index.htm](http://www.ninds.nih.gov/index.htm)

[www.sciencedaily.com](http://www.sciencedaily.com)

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*“Be forewarned ... you must never assume that information obtained from the web is necessarily the best information available (or even valid). Remember, no one sets content rules on the Internet. That said, there is an education awaiting you!”*

— Murray Charters, creator of  
Parkinson's Resources on the WWWeb —

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The Internet is a vital resource for information and support, but it can be frustrating and confusing when you are searching for something specific. Here are some tips to help you find accurate and current information on Parkinson's disease.

- Never substitute online information for seeing a doctor.
- Know who maintains and provides the content on a website.
- Check to see when the information was last updated.
- Use common sense and cross-check any material that seems unusual or too good to be true.
- Search engines like [www.google.com](http://www.google.com) or [www.yahoo.com](http://www.yahoo.com) can help you find information based on key terms.



**We appreciate your feedback!**

If you use a website that is particularly helpful, or if you have comments on the material in this booklet, please use this form to send us your feedback!

You are not required to include your contact information unless you would like PDF to respond to your comments.

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Yes, I would like PDF to contact me regarding my comments.

The best way to reach me is by  phone  
 email.

*Website(s) I recommend:* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Why this website is useful:* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Comments on the material included in this booklet:* \_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

**Please fax this form to:**

(212) 923-4778

**Or mail it to:**

Parkinson's Disease Foundation (PDF)

RE: Web Resources

710 West 168th Street

New York, NY 10032

