



Alzheimer's Resources and Web Links

**** Many helpful books dealing with a large range of information can also be found and purchased through our website in the Reading Room at <http://www.passionatecarellc.com/reading.htm>**

**Alzheimer's Association National Office
225 N. Michigan Ave., Fl. 17, Chicago, IL 60601
24/7 Helpline: 1.800.272.3900**

**Alzheimer's Caregivers - MedlinePlus, National Library of Medicine
www.nlm.nih.gov**

This site provides links to information on all aspects of caregiving from several government agencies and nonprofit organizations.

**Eldercare Locator - U.S. Administration on Aging
www.eldercare.gov**

This site provides online and toll-free access to listings of local community services, including respite services, home health care and adult day care.

AARP

www.aarp.org

AARP's caregiving section offers information on a variety of caregiving issues.

Family Caregiver Alliance

www.caregiver.org

This site furnishes a comprehensive collection of full-text caregiver studies, statistics and caregiver materials.

National Alliance for Caregiving

www.caregiving.org

This nonprofit organization provides information about and for caregivers. Notable are several caregiver reports on surveys and research.

A Practical Guide to Alzheimer's, Dementia and Driving.

www.thehartford.com/alzheimers

The Hartford has developed a guide to help individuals with Alzheimer's and their caregivers determine when it is time to stop driving.

We Need to Talk ... Family Conversations With Older Drivers.

www.thehartford.com/talkwitholderdrivers/

The Hartford has developed a guide to help families initiate productive and caring conversations with older adults about driving safety.

American Red Cross

www.redcross.org

Information on how to prepare for natural disasters such as hurricanes, floods and earthquakes.

National Hurricane Center

www.nhc.noaa.gov

Learn about hurricane hazards and what you can do to help protect yourself, your family and your property.

Web Sites Eating Difficulties

Eating difficulties and dementia.

Alzheimer's Disease and Related Disorders Association of NSW, Inc.

This Web site provides a chart of more than 30 eating problems in the middle and late stages of dementia and their solutions.

<http://www.mydr.com.au/default.asp?article=3179>

Skill builder: eating and nutrition.

Eldercare On-line's Alzheimer and Dementia Care Channel.

An in-depth article on the causes of eating problems and techniques for preparing meals and feeding someone who is bed-bound.

<http://www.ec-online.net/Knowledge/SB/SBeatnutr.html>

Swallowing disorders.

eMedicine.com.

eMedicine.com provides a comprehensive article for healthcare professionals on the anatomy of normal and abnormal swallowing, diagnosis, treatment, and strategies for compensation.

<http://www.emedicine.com/pmr/topic152.htm>

Activities – Journal

Arakawa-Davies, Kayoko. Dance/ movement therapy and reminiscence: A new approach to senile dementia in Japan. *The Arts in Psychotherapy*. 1997, vol. 24(3), pp. 291-299.

Brooker, D.; Duce, L. Wellbeing and activity in dementia: a comparison of group reminiscence therapy, structured goal-directed group activity and unstructured time. *Aging and Mental Health*. November 1, 2000, vol. 4(4), pp. 354-358.

Buettner, Linda. Team approach to dynamic programming on the special care unit. *Journal of Gerontological Nursing*. January 1998, vol. 24(1), pp. 23-30.

Cohen-Mansfield, Jiska. Nonpharmacologic interventions for inappropriate behaviors in dementia: A review, summary and critique. *American Journal of Geriatric Psychiatry*. 2001, vol. 9(4), pp. 361-381.

Fazio, Sam; Chavin, Melanie; Clair, Alicia. Activity based alzheimer care: A national training program. *American Journal of Alzheimer's Disease*. May-June 1999, vol. 14(3), pp. 149-156.

Finnema, Evelyn; Drose, Rose Marie; Ribbe, Miel; et al. Effects of emotion-oriented approaches in the care for persons suffering from dementia: A review of the literature. *International Journal of Geriatric Psychiatry*. 2000, vol.15(2), pp. 141-161.

Forbes, C. Concepts and benefits of dementia specific programming within an assisted living setting. *American Journal of Alzheimer's Disease*. January-February 1997, vol. 12(1), pp. 16-23.

Grasel, E.; Wiltfanf, J.; Kornhuber, J. Non-drug therapies for dementia: An overview of the current situation with regard to proof effectiveness. *Dementia and Geriatric Cognitive Disorders*. 2003, vol. 15(3), pp. 115-25.

Hoban, Sandra. Softer side of therapy. *Nursing Homes Long Term Care Management*. March 2002, vol. 51(3), pp. 26-29.

Hutson, Judith; Hewner, Sharon. Activities "plus" improve Alzheimer's care. *Nursing Homes Long Term Care Management*. June 1, 2001, vol. 50(6), pp. 52-55.

Kovach, Christine; Magliocco, Jill. Late-stage dementia and participation in therapeutic activities. *Applied Nursing Research*. November 1998, vol. 11(4), pp. 167-173.

Kovach, Christine; Henschel, Heather. Behavior and participation during therapeutic activities on special care units. *Activities Adaptation & Aging*. 1996, vol. 20(4), pp. 35-45.

Kovach, Christine; Henschel, Heather. Planning activities for patients with dementia: A descriptive study of therapeutic activities on special care units. *Journal of Gerontological Nursing* September 1996, vol. 22(9), pp. 33-38.

Mahendra, N. Direct interventions for improving the performance of individuals with Alzheimer's disease. *Seminars in Speech and Language*. November 2001, vol. 22(4), pp. 291-303.

Marshall, Melody; Hutchinson, Sally. A critique of research on the use of activities with persons with Alzheimer's disease: A systematic literature review. *Journal of Advanced Nursing*. August 2001, vol. 35(4), pp. 488-496.

Midence, Kenny; Cunliffe, Louise. Impact of dementia on the sufferer and available treatment interventions: An overview. *Journal of Psychology*. 1996, vol. 130(6), pp. 589-602.

Pinkney, Lesley. A comparison of the Snoezelen environment and a music relaxation group on the mood and behaviour of patients with senile dementia. *The British Journal of Occupational Therapy*. 1997, vol. 60(5), pp. 209-213.

Pulsford, D. Therapeutic activities for people with dementia--what, why... and why not? *Journal of Advanced Nursing*. October 1997, vol. 26(4), pp. 704-709.

Sloane, Philip; Zimmerman, Sheryl; Gruber-Baldini, Ann; et al. Plants, animals, and children in long-term care. *Alzheimer's Care Quarterly*. Winter 2002, vol. 3(1), pp. 12-18.

Sobel, Benjamin. Bingo vs. physical intervention in stimulating short-term cognition in Alzheimer's disease patients. *American Journal of Alzheimer's Disease*. March-April 2001, vol. 16(2), pp. 115-120.

Tappen, Ruth; Roach, Kathryn; Applegate, E. Brooks; et al. Effect of a combined walking and conversation intervention on functional mobility of nursing home residents with Alzheimer disease. *Alzheimer Disease and Associated Disorders*. October-December 2000, vol. 14(4), pp. 196-201.

Trabert, Marilyn. Living in the moment: Support in the early stages of Alzheimer's disease. *Activities Adaptation & Aging*. 1996, vol. 20(4), pp. 1-20.

Articles, Web

Neumayer, Robert; Gattuso, Suzy; Saw, Celia; et al. Programming home-based activities for people with dementia: Benefits and constraints. *Journal of Leisurability*. 1998, vol. 25(4).

<http://www.lin.ca/lin/resource/html/Vol25/v25n4a1.htm>

Books & Book Chapters

Activity programming for persons with dementia: A sourcebook.
Chicago, IL: Alzheimer's Association, 1995.
Can also be purchased by calling 800 223-4405

Akra, Mike. Healing the wounds of Alzheimer's disease: New hope through effective therapeutic activities.
Bloomfield, MI: Alzheimer Activities Service, 1999.

Bowlby, Carol. Therapeutic activities with persons disabled by Alzheimer's disease and related disorders.

New York, NY: Panel Publishers, 1998.

Green-Field Library Call No: WM 450 B787 1998

Brackey, Jolene. Creating moments of joy for the person with Alzheimer's or dementia: A journal for caregivers.

West Lafayette, IN: Purdue University Press, 2000.

Corbett, Brenda. More than a game: A new focus on senior activity services.

State College, PA: Venture, 1998.

Duffy, M. Handbook of counseling and psychotherapy with older adults.

New York, NY: John Wiley & Sons, 1999.

Eisner, E. Can do activities for adults with Alzheimer's disease: Strength-based communication and programming.

Austin, TX: Pro-Ed, Inc., 2001.

Availability: Can be purchased from Pro-Ed at 800 897-3202 OR

www.proedinc.com

Hall, Beth; Nolta, Michele. Care planning cookbook for activities and recreation: An MDS guide to building better resident care plans.

San Diego, CA: Recreation Therapy Consultants, 2000.

Hall, Beth; Nolta, Michele; Monaco, Anne. RAP handbook for activities: The assessment success guide.

San Diego, CA: Recreation Therapy Consultants, 1998.

Hawkins, Barbara; May, Marti; Rogers, Nancy. Therapeutic activity intervention with the elderly: Foundations and practices.

State College, PA: Baker & Taylor, Brodart, 1996.

Kirkland, Kevin; McIlveen, Howard. Full circle: Spiritual therapy for the elderly.

New York, NY: Haworth Press, 1999.

Green-Field Library Call No: WM 450 K57 1999

Lanza, Susan. Essentials for the activity professional in long-term care.

Albany, NY: Delmar Learning, 1996.

Nissenboim, Sylvia; Vorman, Christine. Positive interactions program of activities for people with Alzheimer's disease.

Baltimore, MD: Health Professions Press, 1998.

Sander, Pamela. Activity care plans for long term care facilities: (Or if you don't write this down, it wasn't done!).
Bossier City, LA: Professional Printing and Publishing, Inc., 1999.

Volicer, Ladislav; Bloom-Charette, Lisa. Enhancing the quality of life in advanced dementia.
Philadelphia, PA: Brunner/Mazel, 1999.

Volicer, Ladislav; Mahoney, Ellen; Brown, Elizabeth. Nonpharmalogical approaches to the management of the behavioral consequences of advanced dementia. IN: Kaplan, M.; Hoffman, S. Behaviors in dementia: best practices for successful management.
Baltimore, MD: Health Professions Press, 1998.

Zgola, Jitka. Programming activities. IN: Zgola, Jitka. Care that works: a relationship approach to persons with dementia.
Baltimore, MD: Johns Hopkins Press, 1999.

Newsletters

Activity Directors Guide. Published monthly by Eymann Publications Inc.,
P. O. Box 3577, Reno, NV 89505.
(775) 358-1476. www.care4elders.com

Here's Help. Published monthly by Eymann Publications Inc., P. O. Box 3577, Reno, NV 89505.
(775) 358-1476. www.care4elders.com

Journals

Activities Adaptation & Aging. Published quarterly by Haworth Press.
10 Alice St., Binghamton, NY 13904.
(607) 722-5857. www.haworthpress.com

Activities Directors' Quarterly for Alzheimer's and other Dementia Patients. Published quarterly by Prime National Publishing, 470 Boston Post Rd., Weston, MA 02493.
(781) 899-2702. www.alzheimersjournal.com

Creative Forecasting. Published monthly by Creative Forecasting, 2607 Farragut Circle, Colorado Springs, CO 80907.
(775) 358-1476. <http://www.creativeforecasting.net/>

Journal Issues

Activity. Alzheimer's Care Quarterly. Spring 2000, vol. 1(2), 77 pages.

Therapeutic interventions. Alzheimer's Care Quarterly. Fall 2001,

vol. 2(4), 87 pages.

Videos

Bringing out the best: Dementia programming and activities. Partners in caregiving: the dementia services program.

Winston-Salem, NC: Partners in Caregiving: The Dementia Services Program, 1994, 4 videocassettes (356 mins.)

Healing Arts. Aquarius Productions.

Medford, OR: Aquarius Productions, 1996, 1 videocassette (28 mins.)

More than movement: Creative activities for older adults. Health Professions Press.

Baltimore, MD: Health Professions Press, 1997, 1 videocassette (30 mins.)

Programming for dementia. Geriatric Resources.

Radium Springs, NM: Geriatric Resources, 1994, 3 videocassettes (345 mins.)

Web Sites

Center for Positive Aging

(click on "Resources" and then on "Therapeutic Things to Do")

Center for Positive Aging provides interdisciplinary education, training, research, and service within a university environment and in varied urban, rural, and reservation community environments.

<http://www.fgcu.edu/cfpa/thingsToDo.asp>

Alternative Solutions in Long Term Care

This site is a gateway that provides links or direct online access to practically anything an activity professional needs. These include but are not limited to Alzheimer's unit development, bulletin boards, calendars and dates to remember, care plans, catalogues and long term care magazines.

<http://www.activitytherapy.com/>

National Association of Activity Professionals

NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.

<http://www.thenaap.com/>

The National Coalition of Creative Arts Therapies Associations

The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.

<http://www.ncata.com/>

Therapeutic Recreation

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.

<http://www.recreationtherapy.com/rt.htm>

Art - Articles, Journal

Bober, S.; McLellan, E.; McBee, L.; et al. A group therapy program in the nursing home promoting expression: The feelings art project. *Gerontologist*. October 2000, vol. 41(Special Issue 1), pp. 208.

Heinly, La Doris. "Memories in the Making" An art experience for people with memory loss. *Activities Directors' Quarterly for Alzheimer's and other Dementia Patients..* Winter 2002, vol. 3(1), pp. 9-16.

Rentz, Clarissa. Memories in the Making: Outcome-based evaluation of an art program. *American Journal of Alzheimer's Disease*. May-June 2002, vol. 17(3), pp. 175-181.

Sanzotta, M. The magic of three dimensional interactive art. *Journal of Long Term Care and Administration*. Winter 1995-1996, vol. 23(4), pp. 41-42.

Seifert, Lauren. Customized art activities for individuals with Alzheimer type dementia. *Activities, Adaptation & Aging*. 2000, vol. 24(4), pp. 65-75.

Seifert, Lauren; Baker, Melinda. Procedural skills and art production among individuals with Alzheimer's type dementia. *Clinical Gerontologist*. 1998, vol. 20(1), pp. 3-14.

Stewart, Ellen. Art therapy: A natural with dementia patients. *Activities Directors' Quarterly for Alzheimer's and other Dementia Patients..* Fall 2001, vol. 2(4), pp. 19-24.

Tate, Frederic; Brown, Walter. Copying and its concomitant tracing: Advantages for clients with dementia. *American Journal of Alzheimer's Disease*. January - February 1997, vol. 12(1), pp. 30-31.

Books

Feder, Bernard; Feder, Elaine. *The art and science of evaluation in the arts therapies: How do you know what's working?*
Springfield, IL: Charles C. Thomas Publisher, 1998.

Hubalek, Shirley. *I can't draw a straight line: Bringing art into the lives of older adults*. Baltimore, MD: Health Professions Press, 1996.

Web Sites

National Center for Creative Aging

The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.

<http://www.creativeaging.org/who.html>

Dance/ Exercise/ Movement - Articles, Journal

Arkin, Sharon. Elder rehab: A student supervised exercise program for Alzheimer's patients. *Gerontologist*. 1999, vol. 39(6), pp. 729-735.

Binder, Ellen. Implementing a structured exercise program for frail nursing home residents with dementia: Issues and challenges. *Journal of Aging and Physical Activity*. October 1995, vol. 3(4), pp. 383-395.

Brill, Patricia. Residents with dementia need exercise too. *Assisted Living Today*. April 2001, vol. 8(3), pp. 75-78.

Buettner, Linda; Fitzsimmons, Suzanne. AD-venture program: Therapeutic biking for the treatment of depression in long term care residents with dementia. *American Journal of Alzheimer's Disease*. March - April 2002, vol. 17(2), pp. 121-127.

Buettner, Linda; Ludegren, Herberta; Lago, Daniel; et al. Therapeutic recreation as an intervention for persons with dementia and agitation : An efficacy study. *American Journal of Alzheimer's Disease*. September - October 1996, vol. 11(5), pp. 4-10.

Carillion Nursing and Rehabilitation Center. Nature walk: From aimless wandering to purposeful walking. *Nursing Homes Long Term Care Management*. November 2000, vol. 49(11), pp. 50.

Chapman, Diane. Working with clients with Alzheimer's disease. *IDEA Health & Fitness Source*. June 1, 2001, vol. 19(6), pp. 56-61.

Cohen-Mansfield, Jiska; Werner, Perla. Outdoor wandering parks for persons with dementia: A survey of characteristics and use. *Alzheimer Disease and Associated Disorders*. April - June 1999, vol. 13(2), pp. 109-117.

Cott, Cheryl; Dawson, Pamela; Sidani, Souraya; et al. The effects of a walking/talking program on communication, ambulation, and functional status in residents with Alzheimer's disease. *Alzheimer Disease and Associated Disorders*. 2002, vol. 16(2), pp. 81-87.

Fitzsimmons, Suzanne; Buettner, Linda. Wheelchair biking program for nursing home residents with dementia and depression. *Activities Directors' Quarterly for Alzheimer's and other Dementia Patients*.. Fall 2001, vol. 2(4), pp. 31-40.

Holmberg, Sharon. Walking program for wanderers: Volunteer training and development of an evening walker's group. *Geriatric Nursing*. July-August 1997, vol. 18(4), pp. 160-165.

Lazowski, Darein-Alexis; Ecclestone, Nancy; Myers, Anita; et al. A randomized outcome evaluation of group exercise programs in long-term care institutions. *Journals of Gerontology, Series A*. December 1999, vol. 54A(12), pp. M621-M628.

Palo-Bengtsson, Liisa; Ekman, Sirkka-Liisa. Emotional response to social dancing and walks in persons with dementia . *Activities Directors' Quarterly for Alzheimer's and other Dementia Patients*.. Spring 2002, vol. 3(2), pp. 17-21.

Palo-Bengtsson, Liisa; Ekman, Sirkka-Liisa. Social dancing as an intervention in the care of persons with dementia. *American Journal of Alzheimer's Disease*. May - June 2002, vol. 17(3), pp. 149-153.

Books

Clark, Janice. *Exercise programming for older adults*.
Binghamton, NY: Haworth Press, 1996.

Journals

Journal of Aging and Physical Activity. Published quarterly by Human Kinetics Publishers, 1607 N. Market St, Champaign, IL 61820. (217) 351-5076.
www.humankinetics.com

American Journal of Dance Therapy. Published bi-annually by Human Sciences Press, 233 Spring Street, New York, NY 10013-1578. (212) 620-8466.
www.kluweronline.com/issn/0146-3721

Web Sites

American Dance Therapy Association

The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual.

<http://www.adta.org/>

Internet Information Notes

Exercise and Fitness. Administration on Aging.

The Aging Internet Information Notes are created for users to explore Internet resources and find information and sites beyond those identified. More than 60 aging topics are currently represented in this series. Notes begin with a brief description of the subject area, followed by web pages with urls and hyperlinks organized by public interest subtopic or intended audience. An effort is made to include sites with information useful to consumers, policy planners, program development staff, state service providers, professionals working with older adults, students, teachers and researchers, media and business.

http://www.aoa.gov/prof/notes/notes_exercise.asp

Horticulture - Articles, Journal

Bassen, Su; Baltazar, Vilma. Flowers, flowers everywhere: Creative horticulture programming at the Hebrew Home for the Aged at Riverdale. *Geriatric Nursing*. March - April 1997, vol. 18(2), pp. 53-56.

Mather, Jennifer; Nemecek, Dana; Oliver, Kathy. Effect of a walled garden on behavior of older adults with Alzheimer's. *American Journal of Alzheimer's Disease*. November-December 1997, vol. 12(6), pp. 252-257.

Articles, Newsletter

Robeznieks, Tina; White, Annemarie. Herb garden and vinegar program is a hit with patients. *Alzheimer's Care Guide*. November 1996, vol. 5(11), pp. 2-4.

Books

Lalli, Vincent; Tennesen, Daniel; Lockhart, Kristi. *Using plants to bridge the generations: Horticulture and intergenerational learning as therapy (HILT)*. Ithaca, NY: Cornell University, Cornell Cooperative Extension, 1998.

Simson, Sharon; Straus, Martha. *Horticulture as therapy: principals and practice*. New York, NY: Food Products Press, 1998.

Wells, Suzanne. *Horticultural therapy and the older adult population*. Binghamton, NY: Haworth Press, 1997.

Web Site

American Horticultural Therapy Association

The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. <http://www.ahta.org/>

Intergenerational Articles, Journal

Beach, Diane. Family caregiving: the positive impact on adolescent relationships. *Gerontologist*. April 1997, vol. 37(2), pp. 233-238.

Camp, Cameron; Judge, Katherine; Bye, Carol; et al. An intergenerational program for persons with dementia using Montessori methods. *Gerontologist*. October 1997, vol. 37(5), pp. 688-673.

Cohen, Gene. Two new intergenerational interventions for Alzheimer's disease patients and families. *American Journal of Alzheimer's Disease*. May-June 2000, vol. 15(3), pp. 137-142.

Jarrott, Shannon; Bruno, Kelly. Intergenerational activities involving persons with dementia: An observational assessment. *American Journal of Alzheimer's Disease and other Dementias*. January-February 2003, vol.18(1), pp. 31-38.

Nester, Susan; Jarrott, Shannon. Children and elders with dementia in modified Montessori activities: An evaluation of affect and activity. *Gerontologist*. 2001, vol. 41(Special Issue 1), pp. 139.

Rempusheski, V.; Lemming, T.; Hurley, A.; et al. Elders with dementia and their grandchildren. *Gerontologist*. October 2001, vol. 41(Special Issue 1), pp. 331.

Waggoner, Gwen. Adopt an elder: Linking youth and the elderly. *Activities, Adaptation & Aging*. 1995, vol. 20(1), pp. 41-52.

Ward, Christopher; Kamp, Lenore; Newman, Sally. The effects of participation in an intergenerational program on the behavior of residents with dementia. *Activities, Adaptation & Aging*. 1996, vol. 20(4), pp. 61-77.

Articles, Web

Intergenerational programs that really work.

Lewis, Laurie. April 1, 2003.

<http://www.amda.com/caring/august2002/intergenerational.htm>

Book

Hawkins, Melissa; Mc Guire, Francis; Backman, Kenneth. Preparing participants for intergenerational interaction: Training for success. Binghamton, NY: Haworth Press, 1998.

Web Sites

Internet Information Notes: Intergenerational programs Administration on Aging.

The Aging Internet Information Notes are created for users to explore Internet resources and find information and sites beyond those identified. More than 60 aging topics are currently represented in this series. Notes begin with a brief description of the subject area, followed by web pages with URLs and hyperlinks organized by public interest subtopic or intended audience.

An effort is made to include sites with information useful to consumers, policy planners, program development staff, state service providers, professionals working with older adults, students, teachers and researchers, media and business.

http://www.aoa.gov/prof/notes/notes_intergenerational.asp

Center for Intergenerational Learning

The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.

<http://www.temple.edu/cil/AboutMain.html>

Generations United

Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.

<http://www.gu.org/>

Montessori - Articles, Journal

Bruck, Laura. Montessori comes to dementia care. *Nursing Homes Long Term Care Management*. August 2001, vol. 50(8), pp. 33-34.

Buckbee, C. Montessori methods enhance function. *Provider*. 1999, vol. 25(8), pp. 63, 65, 67.

Camp, Cameron; Judge, Katherine; Bye, Carol; et al. An intergenerational program for persons with dementia using Montessori methods. *Gerontologist*. October 1997, vol. 37(5), pp. 688-673.

Gorzelle, G.; Kaiser, K.; Camp, C. Montessori-based training makes a difference for home health workers & their clients. *Caring*. January 2003, vol. 22(1), pp. 40-42.

Judge, Katherine; Camp, Cameron; Orsulic-Jeras, Silvia. Use of Montessori-based activities for clients with dementia in adult day care: Effects on engagement. *American Journal of Alzheimer's Disease*. January- February 2000, vol. 15(1), pp. 42-46.

Nester, Susan; Jarrott, Shannon. Children and elders with dementia in modified Montessori activities: An evaluation of affect and activity. *Gerontologist*. 2001, vol. 41(Special Issue 1), pp. 139.

Orsulic-Jeras, Silvia; Schneider, Nicole; Camp, Cameron. Montessori-based dementia activities in long term care: Training and implementation. *Activities Adaptation & Aging*. 2002, vol. 25(3-4), pp. 107-120.

Book

Camp, Cameron. *Montessori based activities for person with dementia*. Beachwood, OH: Myers Research Institute, 1999.

Pet Therapy - Articles, Journal

Churchill, M.; Safaoui, J.; McCabe, B.; et al. Using a therapy dog to alleviate the agitation and desocialization of people with Alzheimer's disease. *Journal of Psychosocial Nursing and Mental Health Services*. 1999, vol. 37 (4), pp. 16-22.

Edwards, N.; Beck, A. Animal-assisted therapy and nutrition in Alzheimer's disease. *Western Journal of Nursing Research*. October 2002, vol. 24(6), pp. 697-712.

Fritz, C.; Thomas B.; Kass, P.; et al. Association with companion animals and the expression of noncognitive symptoms in Alzheimer's patients. *Journal of Nervous and Mental Disease*. 1995, vol. 183(7), pp. 459-463.

Kanamori, Massao; Suzuki, Mizue; Yamamoto, Kiyomi; et al. Day care program and evaluation of animal assisted therapy (AAT) for the elderly with senile dementia. *American Journal of Alzheimer's Disease and other Dementias*. July - August 2001, vol. 16(4), pp. 234-239.

Laun, L. Benefits of pet therapy in dementia. *Home Healthcare Nurse*. January 2003, vol. 21(1), pp. 49-52.

McConnell, E. Myths & facts... about animal-assisted therapy. *Nursing*. March 2002, vol. 32(3), pp. 76.

Books & Book Chapter

Abdill, Margaret; Juppe, Denise. *Pets in Therapy*. Ravenswood, WA: Idyll Arbor Inc., 1997.

Batson, K.; McCabe, B.; Baun, M. Effects of a therapy dog on socialization and physiologic indicators of stress in persons diagnosed with Alzheimer's disease. IN: Wilson, C.C. & Turner, D.C. (eds.). *Companion animals in human health* Thousand Oaks, CA: Sage, 1998.

Esordi, Rene. *You have a visitor: Observations on pet visitation and therapy*. San Diego, CA: Blue Lamm Publishing, 2000.

Kits

Walker, Bonnie. *Pet therapy in long term care: A workshop for staff*. Chicago, IL: Terra Nova Films, 2002. (Contains 1 workbook and 1 video) (15 min.)

Web Sites

Delta Society

Delta Society is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.

<http://www.deltasociety.org/>

Okada

Okada was founded in 1986. Okada, a non-profit organization, is supported by donations, grants, and trusts. Okada promotes human independence and personal enrichment by utilizing the unique qualities of specially trained dogs.

<http://www.okadadogs.com>

Pet Therapy

Part of the Alternative Solutions in Long Term Care web site this section provides resources & products for animal assisted therapy in nursing homes and other health care facilities.

<http://www.activitytherapy.com/pet.htm>

Recreation Therapy - Articles, Journal

Bilyeu, Suzanne. *Recreational therapy*. *Contemporary Long Term Care*. October 2001, vol. 24(10), pp. 50.

Bonifazi, Wendy. Is rehab killing recreation? Just plain fun isn't what it used to be. *Contemporary Long Term Care*. October 1999, vol. 22(10), pp. 30-32.

Buettner, Linda. Therapeutic recreation in the nursing home. *Journal of Gerontological Nursing* May 2001, vol. 27(5), pp. 8-13.

Fitzsimmons, Suzanne; Buettner, Linda. Therapeutic recreation interventions for need-driven dementia-compromised behaviors in community-dwelling elders. *American Journal of Alzheimer's Disease and other Dementias*. November - December 2002, vol. 17(6), pp. 367-381.

Johnson, Cynthia. Therapeutic recreation treats depression in the elderly. *Home Health Care Services Quarterly*. 1999, vol. 18(2), pp. 79-90.

Mahoney, Alison. Age- or stage- appropriate? Recreation and the relevance of Piaget's theory in dementia. *American Journal of Alzheimer's Disease and other Dementias*. January-February 2003, vol. 18(1), pp. 24-30.

Rappaport, Terri. Purposeful activities. *Assisted Living Today*. April 1999, vol. 6(3), pp. 59-61.

Russen-Rondionne, Tonya; Desroberts, Anne-Marie. STIR--Success Through Individualized Recreation: Working with the low-functioning resident with dementia or Alzheimer's disease. *American Journal of Alzheimer's Disease*. January - February 1996, vol. 11(1), pp. 32-35.

Books & Book Chapter

Hall, Beth; Nolta, Michele. *Care planning cookbook for activities and recreation: An MDS guide to building better resident care plans*. San Diego, CA: Recreation Therapy Consultants, 2000.

National Therapeutic Recreation Society. *Manual for recreation therapy in long term care facilities*. Ashburn, VA: National Recreation and Park Association, 2001.

Guidelines

Buettner, Linda; Fitzsimmons, Suzanne. *Dementia practice guidelines for treating disturbing behaviors*. Alexandria, VA: American Therapeutic Recreation Association, 1999.

Journals

American Journal of Recreation Therapy. Published quarterly by Prime National Publishing, 470 Boston Post Rd, Weston, MA 02493.
(781) 899-2702. <http://www.alzheimerjournal.com>

Web Sites

National Therapeutic Recreation Society

The National Therapeutic Recreation Society (NTRS) is a membership organization for those who are interested in the provision of therapeutic recreation services for persons with disabilities in clinical facilities and in the community. NTRS members include practitioners, administrators, educators, volunteers, students and consumers. NTRS is a branch of the National Recreation and Park Association (NRPA).

<http://www.nrpa.org>

American Therapeutic Recreation Association

The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA, was incorporated in the District of Columbia in 1984 as a non-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry.

<http://www.atra-tr.org/atra.htm>

Documents on Therapeutic Recreation (DOC TR)

Maintained by the University of Wisconsin - La Crosse, Doc TR is a directory of therapeutic recreation documents that are available on the web.

<http://www.uwlax.edu/etrtr/doctr/>

Reminiscence/ Validation - Articles, Journal

Bleathman, Christine; Morton, Ian. Validation therapy: A review of its contribution to dementia care. *British Journal of Nursing*. 1996; vol. 5(14), pp. 866-869.

Chaudhury, H. Journey back home: Remembering places from the past. *Gerontologist*. October 2001, vol. 41(Special Issue 1), pp. 73.

Eaton, Lynn. No thanks for the memories: Holocaust survivors' long buried traumatic memories can reemerge late in their lives. Carers have to be sensitive to the survivors' tragic experience. *Nursing Times*. December 2, 1998, vol. 48(33), pp. 33-35.

Moss, S.; Polignano, E.; White, C.; et al. Reminiscence group activities and discourse interaction in Alzheimer's disease. *Journal of Gerontological Nursing* August 2002, vol. 28(8), pp. 36-44.

Sohnle, S.; Hyer, L.; Mehan, D. Reminiscence in a nursing home: One more time with feeling. *Gerontologist*. October 2000, vol. 41(Special Issue 1), pp. 53.

Thorgrimsen, Lene; Schweitzer, Pam; Orrell, Martin. Evaluating reminiscence for people with dementia: A pilot study. *The Arts in Psychotherapy*. 2002, vol. 29(2), pp. 93-99.

Toseland, R.; Diehl, M.; Freeman, K.; et al. The impact of validation group therapy on nursing home residents with dementia. *Journal of Applied Gerontology*. 1997, vol. 16(1), pp. 31.

Woodrow, Phillip. Clinical-interventions for confusion and dementias 3: Reminiscence-Phillip Woodrow, in the third of a five part series looks at reminiscence which, if used in a structured way, can achieve sense of wellbeing and increase empathy between healthcare workers and clients. *British Journal of Nursing*. 1998, vol. 7(19), pp. 1145-1152.

Books

Bender, Mike; Bauckham, Paulette; Norris, Andrew. *The therapeutic purposes of reminiscence*. Thousand Oaks, CA: Corwin Press, 1999.

Feil, Naomi; de Klerk-Rubin, Vicki. *The validation breakthrough: Simple techniques for communicating with people with Alzheimer's-type dementia*. Baltimore, MD: Health Professionals Press, 2002.

Feil, Naomi. *The validation training program: Training manual for the instruction of validation: Based on the "validation breakthrough" and other works by Naomi Feil*. Baltimore, MD: Health Professions Press, 1999.

Haight, Barbara; Webster, Jeffery. *The art and science of reminiscing*. Washington, DC: Taylor & Francis, 1995.

Link, Ann. *Group work with elders: 50 therapeutic exercises for reminiscence, validation and remotivation*. Sarasota, FL: Professional Resource Exchange, 1997.

Sutton, Evelyn; Johnson, Frances. *The validation program: Training manual level one: Introduction to validation*. Baltimore, MD: Health Professions Press, 1999.

Teegardin, Dace. *Remembering: Recall and reminiscence exercises for memory-impaired older adults*. Mt Airy, MD: ElderSong Publications, Inc., c1996.

Webster, Jeffery; Haight, Barbara. *Critical advances in reminiscence work*.

New York, NY: Springer Publishing, 2002.

Kits

Time Slips. Terra Nova Films.

Chicago, IL: Terra Nova Films, 2000. 1 videocassette (10 mins. and 1 training manual)

Videos

Myrna, the mal-oriented.

Baltimore, MD: Health Professions Press, 1997. 1 videocassette (26 mins.)

Therapeutic reminiscence.

Duluth, MN: Mental Health Outreach, 1997. 1 videocassette (19 mins.)

Web Sites

Time Slips

Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.

<http://www.timeslips.org/oldschedule.html>

Validation Training Institute

This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.

<http://www.vfvalidation.org>

Sensory Stimulation - Articles, Journal

Ballard, Clive; O'Brien, John; Reichelt, Katarina; et al. Aromatherapy as a safe and effective treatment of agitation in severe dementia: The results of a double-blind, placebo-controlled trial with Melissa. *Journal of Clinical Psychiatry*. July 2002, vol. 63(7), pp. 553-558.

Brooker, D.; Snape, M.; Johnson, E.; et al. Single case evaluation of the effects of aromatherapy and massage on disturbed behaviour in severe dementia. *British Journal of Clinical Psychology*. May 1997, vol. 36(Pt 2), pp. 287-296.

Buettner, Linda. Simple pleasures: A multilevel sensorimotor intervention for nursing home residents with dementia. *American Journal of Alzheimer's Disease*. January-February 1999, vol. 14(1), pp. 41-52.

Gray, Suzanne; Clair, Alicia. Influence of aromatherapy on medication administration to residential-care residents with dementia and behavioral challenges. *American Journal of Alzheimer's Disease & other Dementias*. May-June 2002, vol. 17(3), pp. 169-174.

Holmes, C.; Hopkins, V.; Hansford, C.; et al. Lavender oil as a treatment for agitated behaviour in severe dementia: A placebo controlled study. *International Journal of Geriatric Psychiatry*. April 2002, vol. 17(4), pp. 305-308.

Hope, K. Caring for older people with dementia: Is there a case for the use of multisensory environments? *Reviews in Clinical Gerontology*. 1996, vol. 6(2), pp. 169-175.

Kim, E.; Buschmann, M. The effect of expressive physical touch on patients with dementia. *International Journal of Nursing Studies*. June 1999, vol. 36(3), pp. 235-243.

Kovach, Christine. Sensoristasis and imbalance in persons with dementia - Imbalances in sensory-stimulating and sensory calming activities result in intrapsychic discomfort. *Journal of Nursing Scholarship*. 2000, vol. 32(4), pp. 379-384.

Lucero, Mary. Caring connections: A sensory stimulation program for late stage dementia. *Activities Directors' Quarterly for Alzheimer's and other Dementia Patients*. Winter 2002, vol. 3(1), pp. 33-40.

McDonald, Colin. Back to the sensory world our "care" has taken away. *Journal of Dementia Care*. January- February 2002, vol. 10(1), pp. 33-36.

Pulsford, D.; Rushforth, D. Woodlands therapy: An ethnographic analysis of a small group therapeutic activity with moderate or severe dementia. *Journal of Advanced Nursing*. 2000, vol. 32(3), pp. 650-657.

Remington, R. Calming music and hand massage with agitated elderly. *Nursing Research*. September-October 2002, vol. 51(5), pp. 317-323.

Roberson, L. The importance of touch for the patient with dementia. *Home Healthcare Nurse*. January 2003, vol. 21(1), pp. 16-19.

Rowe, M.; Alfred, D. The effectiveness of slow-stroke massage in diffusing agitated behaviors in individuals with Alzheimer's disease. *Journal of Gerontological Nursing* June 1999, vol. 25(6), pp. 22-34.

Sansone, Paulette; Schmitt, Louise. Providing tender touch massage to elderly nursing home residents: A demonstration project. *Geriatric Nursing*. November-December 2000, vol. 21(6), pp. 303-308.

Smallwood, J.; Brown, R.; Coulter, F.; et al. Aromatherapy and behaviour disturbances in dementia: A randomized controlled trial. *International Journal of Geriatric Psychiatry*. October 2001, vol. 16(10), pp. 1010-1013.

Thorpe, Lilian; Middleton, Joan. Bright light therapy for demented nursing home patients with behavioral disturbance. *American Journal of Alzheimer's Disease*. January-February 2000, vol. 15(1), pp. 18-26.

Woods, D.; Dimond, M. The effect of therapeutic touch on agitated behavior on cortisol in persons with Alzheimer's disease. *Biological Research for Nursing*. October 2002, vol. 4(2), pp. 104-114.

Books & Book Chapters

Trudeau, S. Bright Eyes: a structured sensory-stimulation intervention. IN: Volicer, L. *Enhancing the Quality of Life in Advanced Dementia*. Philadelphia, PA: Brunner/ Mazel Inc, 1999.

Reports

Neal, M.; Briggs, M. Validation therapy for dementia. *Cochrane Database System review*. 1999.

Cd001394

Availability: Can be purchased at the Cochrane Library web site.

<http://www.update-software.com/abstracts/ab001394.htm>

Videos

Compassionate touch: Benefits and effects in Alzheimer's care. Allen Touch Associates. Chicago, IL: Terra Nova Films, 1995. 1 videocassette (26 mins.)

Optimizing function through restorative care. Video Press. Baltimore, MD: Video Press, 1995. 4 videocassettes (65 mins.)

Snoezelen - Articles, Journal

Baker, R.; Dowling, Z.; Wareing, L., et al. Snoezelen: Its long-term and short-term effects on older people with dementia. *British Journal of Occupational Therapy*. 1997, vol.60(5), pp 213-219.

Burns, I.; Cox, H.; Plant, H. Leisure or therapeutics? Snoezelen and the care of older persons with dementia. *International Journal of Nursing Practice*. 2000, vol. 6(3), pp 118-126.

Chitsey, A.; Haight, B.; Jones, M. Snoezelen: A multisensory environmental intervention. *Journal of Gerontological Nursing* March 2002, vol.28(3), pp 41-50.

Diepen, E.; Baillon, S.; Redman, J.; et al. A pilot study of the psychological effects of snoezelen in dementia. *The British Journal of Occupational Therapy*. 2002, vol.65(2), pp 61-66.

Dowling, Z. Lights, sounds and special effects? *Journal of Dementia Care*. January - February 1997, vol.5(1), pp. 16-18.

Kroner, Francine; Markovich, Joanne. A family affair. *Nursing Home Long Term Care Management*, December 2000, vol. 49(10), pp. 36-47.

Lancioni, G.; Cuvo, A.; O'Reilly, M. Snoezelen: An overview of research with people with developmental disabilities. *Disability Rehabilitation*. March 10, 2002, vol.24(4), pp 175-184.

Morrissey, M.; Biela, C. Snoezelen: Benefits for nursing older clients. *Nursing Standard*. October 1997, vol.12(3), pp 38-40.

Savage, P. Snoezelen for confused older people: Some concerns. *Elder Care*. December - January 1996-1997, vol. 8(6), pp 20-21.

Spaull, D.; Leach, C.; Frampton, I. An evaluation of the effects of sensory stimulation with people who have dementia. *Behavioural and Cognitive Psychotherapy*. 1998, vol.26(1), pp 77-86.

Report

Chung, J.; Lai, C.; Chung, P.; et al. Snoezelen for dementia. *Cochrane Database System review*. 2002
Cd003152

Availability: Can be purchased at the Cochrane Library web site.

<http://www.update-software.com/Abstracts/ab003152.htm>

Web Sites

Snoezelen

Part of the Alternative Solutions in Long Term Care web site this section provides information on Snoezelen resources & Snoezelen products. There are links to sample policies and procedures, marketing plans and Snoezelen care plans for nursing homes and other health care facilities.

<http://www.activitytherapy.com/snoezelen.htm>

Vendors

These companies have activity therapy products available for purchase.

Activity Products International

Carries a variety of supplies for activity programs. These include calendars, games, books, videos and program planning books. Please call for a catalog
P. O. Box 12476, Omaha, NE 68112
(402) 457-3500 or (800) 541-9152

Ageless Design - Alzheimer's Store

<http://www.thealzheimersstore.com/>

This web site was developed for those who care for people with Alzheimer's disease. There are products of all kinds including safety and activity.
12633 159th Court North, Jupiter, FL 33478-6669
(800) 752-3238 or (561) 745-0210

Bi-Folkal Productions, Inc.

<http://www.bifolkal.org>

This company provides program ideas and resources for those planning reminiscence programs with older adults.
809 Williamson St., Madison, WI 53703
(800) 568-5357
E-mail: bifolks@bifolkal.org

Elder Books

<http://www.elderbooks.com>

Elder Books publishes practical hands-on guidebooks for family and professional caregivers of persons with Alzheimer's disease.
PO Box 490, Forest Knolls, CA 94933
Book Orders: (800) 909-2673
Telephone: (415) 488-9002
E-mail: info@ElderBooks.com

Eldergames

<https://www.ncoa.org/index.cfm>

Eldergames is a service of the National Council on the Aging. A brochure and order form is available on the NCOA website.
P. O. Box 75556, Baltimore, MD 21275.
(800) 373-4906 or (202) 479-6606

Eymann Publications

<http://www.care4elders.com>

Eymann Publications specializes in newsletters related to long term care for elders.
P.O. Box 3577, Reno, NV 89505
(800)354-3371
E-mail: info@care4elders.com

Flaghouse Special Populations

<http://www.flaghouse.com/>

This catalog company carries a Special Populations catalog which features innovative, creative solutions, with therapy and educational options to enhance the potential of individuals with developmental and physical disabilities.

601 FlagHouse Drive, Hasbrouck Heights, NJ 07604-3116

(800) 793-7900 or (201) 288-7600

sales@flaghouse.com

Innovative Caregiving Resources

<http://www.videorespite.com>

This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.

P.O. Box 17809, Salt Lake City, Utah 84117

(801) 272-9806

Nasco Activity Therapy Products

<http://www.enasco.com>

Nasco has several catalogs for activity products in various settings including schools, recreational and health care.

901 Janesville Avenue, P.O. Box 901Fort Atkinson, WI 53538-0901

(800) 558-9595

Potentials Development

Carries a variety of supplies for activity programs. These include calendars, games, books, videos, and program planning books. Please call for a catalog.

779 Cayuga st., Unit #1, Lewiston, NY 14092

(800) 691-6602

S&S World Wide Games

Arts and Crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

75 Mill Street, Colchester CT 06415

(800) 243-9232

Therapeutic Recreation

<http://www.recreationtherapy.com/rt.htm>

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.